



GOOD SHEPHERD LODGE LTD



GOOD SHEPHERD LODGE  
*Simply the Best*

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## NEWSBRIEF - JULY 2017

### Dear Residents and Families

Well here we are half way through 2017 already! Since the last Newsbrief we have been assessing cyclone damage and liaising with insurance brokers and gradually life is returning to normal. I have had meetings with Mackay Regional Council Disaster Management Committee who are evaluating what needs to change from their perspective and we are also reviewing our Policies & Procedures. Because this was the first occasion in our 40 years that we had to evacuate residents, actually 'doing' it brought to light things that need to be addressed if we ever (hopefully not!) have a repeat, i.e. more transport to move residents quickly and have them settled at Kerrisdale. Overall, we are satisfied that all our residents were cared for and comfortable during their stay and returned to Good Shepherd as soon as we had the all clear.

#### Internet Wi Fi

If you would like to review your costings for internet usage we may be able to offer you an alternative. Wi Fi internet is now available at both facilities at a cost of \$40 per month and includes unlimited data. More information is available from Nathan Payne, our I.T. Support Officer. If you would like to take advantage, please ask staff to have Nathan contact you.

#### Electricity Charge

Due to escalating power costs, we have found it necessary to increase the nominal electricity charge for running a refrigerator in residents' rooms. Initially it went from \$10 to \$15, however we have reviewed the charge after receiving feedback and have reduced the increase so as from the next monthly account the cost will be \$12.00 per month.

#### Healthpoint Pharmacy at Kerrisdale Gardens

The pharmacy has advised us that the opening hours will now be 9:00 – 11.30am Monday, Wednesday and Friday.

Kind regards

**Raelene Phillips**  
**Chief Executive Officer**

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*A Gentleman's watch has been handed to Reception at Good Shepherd Lodge, it was left at Kerrisdale Gardens. If you or a relative is missing one please contact GSL Reception.*

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Some of you will be aware that GSL had a number of cases of a respiratory virus affecting residents and staff recently. It's winter and it's typically when we see this type of problem. Good Shepherd Lodge Ltd take the health and wellbeing of our residents and staff very seriously.

Respiratory viruses spread easily and quickly and can make our most vulnerable residents very ill. Some of these bugs can stay on a surface for up to 3 hours after contact. To limit the spread and protect as many residents and staff as possible we implemented our infection management plan. This meant some limited visiting, lots of hand washing and extra precautions including isolating residents who had active respiratory symptoms such as coughing and sneezing.

Thank you to the residents and relatives for assisting us to keep everyone well by following the directions from nursing staff. Fortunately the worst looks to have passed and isolated areas and residents will soon be back to normal.

**AnnieThompson**  
**Clinical Services Manager**

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### **SB Wright Therapy Centre**

- **Physiotherapy** at SBWTC is operating without change.
- **Podiatry** at both GSL and KG have been fortunate to have Christie Work continuing as our ongoing Podiatrist providing podiatry services to both sites.

### **KG Wellness Centre**

Physiotherapist Leyla Koparan is leaving us this week, the exercise program will need to be reorganised and we will advise the new day and time when known.

### **Hairdressing**

- The regular days for Kristy the hairdresser at 'Waves' in Good Shepherd Lodge are Tuesdays and Thursdays. If you need a cut, style or other treatment please speak to your Diversional Therapy Assistant or Kristen at SBWTC Reception.
- 'Gingers' at Kerrisdale Gardens is open for business Tuesday to Saturday. Please call Jenny on 0439 072 112 to make an appointment.



### **Events**

We said a sad farewell to Colleen Hayles last week and wish her well in her new role.

Due to Colleen's departure, you will see a new Diversional Therapist Wendy, joining Michelle at Kerrisdale. Wendy is currently at Good Shepherd and will spend a few weeks getting to know residents at KG. In the meantime Mel Peacock will work over at GSL.

**Fishing.** As the weather has been cooler it has enabled both sites to go on fishing trips and these have proved to be very popular. We will aim to do some more of these as well as other outdoor activities in these cooler months.

**GSL Show**, an annual event was very successful and this year we were fortunate to have some new stall holders to display their wares.

There was of course the usual much loved animals and Devonshire tea in the afternoon and great entertainment.

**Mackay Show Display Entries 2017.** Both KG and GSL entered craft displays and KG was very lucky with their entry and gained a **Highly Commended** and the **Mackay Show President's Choice Award**. A huge congratulations to all who participated and helped with the items of the display. Great work!!!

**Art/Painting classes at KG** continue with Sue Gee the 4<sup>th</sup> Wednesday of each month.

### **KG Library Books**

Available from the library area on the ground floor. New Library books are brought in every 3 weeks. Residents are asked to please sign books in and out. You are asked to have them returned again before the **Pick Up** date which will be displayed in the Library Area.

### **Volunteers**

We are always on the lookout for volunteers so if you know someone with time on their hands and would like to volunteer at either GSL or KG please ask them to call S B Wright Therapy Centre and speak with Lynn Laister.

- At GSL Monday afternoon craft is in 'Scawfell' function room with a variety of different crafts that residents are able to participate in. Jewelry making, painting, mosaics etc. Please come along and join this very busy group.
- KG Craft sessions are on Wednesday afternoon with Di. **Please check Monthly Activity programs.**

Items made at both sites are available for purchase at SB Wright Therapy Centre or at Bloomingdales at KG.

GSL Inaugural Memorial Day. Following discussion with residents at GSL at a recent meeting it was decided that we would host a Memorial Day for residents who have passed away since July 1, 2016 to June 30, 2017. The date for this is yet to be confirmed. We hope this will become an annual event. Signage with the confirmed date will be posted prior to the event.

### **Resident Meetings**

- Kerrisdale Gardens Residents - 21<sup>st</sup> August - Level 1 dining room. Families welcome.
- Good Shepherd Lodge Residents – 3<sup>rd</sup> August - Cumberland House. Families welcome.  
(Any changes to these dates will be posted, please check Monthly Activity programs)

We continue to have full activity plans with our usual shopping, outings, bingo, trivia and out on the bus for morning teas or lunches. Please let us know if there is something you would like us to consider for you.

***Beautiful young people are accidents of nature,  
but beautiful older people are works of art.***

*Eleanor Roosevelt*

Kind regards

**Jo Davies**  
**Allied Health Manager**